

WISDOM ARTS FOR LIVING & DYING WELL

Inspiring, Purposeful, Practical 3-Hour Workshop
For Adults, Family & Professional Caregivers, Healers, Doulas



With Rev. Lynda Elaine Carré, an Interfaith Spiritual Care Chaplain and Healing Arts Provider for Palliative and Hospice Services, Educator and Planner, Certified International Yoga Therapist, National End-of-Life Doula Provider, National Home Funeral Guide and Ritualist. BIO at WellspringPassages.com. Register for workshop at WolfHorseWellness.com.

"This Wisdom Arts workshop is truly unique. I am offering it only once in New Mexico exclusively at WolfHorse Wellness in Silver City. It is especially for people who are living with the consequences of aging, challenging health conditions or the professionals or family/friend caregivers of those who are. Please join me as part of this small group. Safely and creatively explore your readiness and learn tools to better prepare and guide others." Rev. Carré

PARTICIPANTS WILL LEARN TO:

- ♥ Move through anxiety/fear into love
- ♥ Navigate expanded consciousness
- ♥ Safely sample the stages of dying
- ♥ Ease symptoms via the healing arts of spiritual care, breathwork, yogic techniques, sound, subtle energy release, aromatherapy and more.



WOLFHORSE
WELLNESS

SAT APRIL 9, 1:00-4:00p
Limited to 10 Only; By Donation \$108
Register at WolfHorseWellness.com

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